



Cindy Lindsay- Raul has been a distance and in-person energy healer for 20 years.

To read about her healing approach go to [www.divinesoulhealer.com](http://www.divinesoulhealer.com) or listen to her talk about soul healing at: <http://www.ustream.tv/recorded/44224387>.

Cindy is also a Certified Teacher of the Vedic ancient mantra and yantra systems, as taught by Sri Kaleshwar.

Ella was born with a deep psychic sense and connection to the metaphysical realm that has guided her through the trails of life.

The trails started soon...

As a young girl, she experienced various types of abuse at home and in the world. With her divine guidance, Ella prevailed and managed to marry for love, emigrated from Russia, and had two amazing children. She earned a Ph.D. in Organizational Psychology.

This is when I met Ella; I was an assistant professor in her Psychology Ph.D. program.

At the time, I was moonlighting as a spiritual teacher and healer. I was struggling with my commitment to psychology, because of the greater power I experienced from spirituality as a healing tool.

Then.. in walked Ella. She was completely sure of the miraculous that was there beyond the mundane.

She made every effort to apply spirituality to psychology and organizations. She had no sense of conflict there, but, instead, saw the possibilities of synergy.

We became friends. She was an inspiration and teacher to me. However, she was an inspiration to more than just me.

Every step of Ella's life had its challenges, but she always believed and never gave up. She listened to her guidance, she searched within herself, and reached out to others from what she found.

She was a model to her husband and her children on how to face and overcome whatever comes in Life. She finished her Ph.D. and began teaching and was a model to her students.

Dr. Ella created for herself and her family a beautiful, prosperous, and loving life.

Then, tragedy struck with her beautiful, youngest son.

*No guidance, no metaphysical explanation is enough to explain the loss of a young and promising life.*

After this tragedy happened, I came to stay with her for a short time, to try to be of comfort.

By then, I had given up my professor position and was a full-time metaphysical healer and teacher. I wanted to use my healing abilities to take away the tremendous pain in her.

She would not allow it. She chose to hold and move through that pain at its own pace.

I could only witness her pain and courage... and hold her hand.

I learned that when a parent loses a child, there is an unspeakable pain that others cannot fathom. It is the kind of loss that others cannot take away. It is a journey that must be courageously walked.

Ella was my teacher once again.

As part of that journey, Dr. Ella used her physical ability to connect beyond this realm, as she and her family were falling to pieces.

Still, slowly, She began to write what she heard and felt. ***It transformed her...***

It will transform you too. No matter what your pain, there is a way through to soulful living.

Ella has walked that path many times and can help you see the way.